

Weekly Menu

Clatsop Care Memory Community



	Sun 03-09-2025	Mon 03-10-2025	Tue 03-11-2025	Wed 03-12-2025	Thu 03-13-2025	Fri 03-14-2025	Sat 03-15-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Breakfast Ham 100% Juice Whole Grain Toast Beverage Choice	10 Grain Hot Cereal Waffles Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Breakfast Sausage Patty Fresh Fruit 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Braised Beef Tips Herb Roasted Red Potatoes Parsley Carrots Garlic Breadsticks Beverage Choice Fruit Marshmallow Dessert	Hawaiian Baked Chicken Lemon Chive Rice Peas and Mushrooms Baked Roll Beverage Choice Pumpkin Pie	Ground Beef Stroganoff Buttered Noodles Mixed Vegetables Beverage Choice Angel Food Cake with Berries	Chicken Tetrizzini Green Beans with Bacon Beverage Choice Chocolate Lush	Smothered Cube Steak Steamed Red Potatoes Maple Ginger Glazed Carrots Baked Roll Beverage Choice Oatmeal Raisin Cookie	Kielbasa with Peppers Oven Fried Potatoes Sauerkraut Fudge Crinkle Cookie	Baked Chicken Reuben Rice Orzo Pilaf Stir-Fry Vegetables Baked Roll Beverage Choice Banana Sheet Cake
D I N N E R	Soup Du Jour Egg Salad Croissant Corn Chips Easy Fruit Salad Beverage Choice Classic Rice Krispies Treat	Soup Du Jour Garlic Herb Pork Roast Ramen Noodles Capri Blend Beverage Choice Orange Pineapple Jello	Soup Du Jour Baked Spiral Ham Candied Yams Glazed Carrots Parmesan Breadsticks Beverage Choice Ice Cream	Soup Du Jour Tater Tot Casserole California Blend Beverage Choice Sherbet	Soup Du Jour BBQ Pork Rib Patty French Fries Chef's Steamed Vegetable Beverage Choice Rice Pudding	Soup Du Jour Grilled Three Cheese Sandwich Scalloped Potatoes Corn Beverage Choice Apple Juicy Jello	Soup Du Jour Pepperoni Pizza Blue Cheese Coleslaw Beverage Choice Assorted Desserts

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	Sun 03-16-2025	Mon 03-17-2025	Tue 03-18-2025	Wed 03-19-2025	Thu 03-20-2025	Fri 03-21-2025	Sat 03-22-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal French Toast Sticks Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Honey Glazed Pork Chop Smashed Sweet Potatoes Herb Sauteed Vegetables Baked Roll Fruit Cobbler	Country Fried Steak with Gravy Garlic Mashed Potatoes Peas and Carrots Beverage Choice Creamy Coconut Cake	Monterey Chicken Lemon Butter Egg Noodles Fresh Cooked Carrots Beverage Choice Ice Cream	Breaded Fish Fillet Macaroni and Cheese Herb Sauteed Vegetables Beverage Choice Chocolate Chip Brownie	Green Salad Sweet and Sour Drumsticks Easy Lo Mein Stir-Fry Vegetables Spring Egg Roll Pineapple Cream Pie	Ham and Potato Casserole Stewed Tomatoes Beverage Choice Honey Bread Pudding	Chili Macaroni Country Trio Medley Garlic Breadsticks Beverage Choice Autumn Spice Cake
D I N N E R	Soup Du Jour Chicken Enchiladas Spanish Rice Stir-Fried Zucchini Flour Tortilla Beverage Choice Fruit Toss	Soup Du Jour Ham and Cheese Tetrazzini Chef's Steamed Vegetable Beverage Choice No Bake Cookie	Soup Du Jour American Hamburger Classic Macaroni Salad Watermelon Pickle Chips Lettuce, Tomato, & Onion Beverage Choice Fruit Medley	Sweet and Sour Pork Easy Lo Mein Stir-Fry Vegetables Spring Egg Roll Beverage Choice Magic Cookie Bar	Soup Du Jour Chicken Salad on Croissant Cream and Cheese Potatoes Herb Sauteed Vegetables Beverage Choice Raspberry Jello Salad	Baked Beef Rigatoni Green Beans Italian Garlic Bread Beverage Choice Sherbet	Soup Du Jour Ranch Chicken Nuggets Tater Tots Chef's Steamed Vegetable Beverage Choice Assorted Desserts
	Week 3						

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	Sun 03-23-2025	Mon 03-24-2025	Tue 03-25-2025	Wed 03-26-2025	Thu 03-27-2025	Fri 03-28-2025	Sat 03-29-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham Hash Browns 100% Juice Beverage Choice	Cream of Wheat Baked Pancakes Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Oatmeal Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Hash Brown Beef Casserole Parsley Carrots Baked Roll Beverage Choice Apple Pie	Asian Orange Chicken Basmati Rice Stir-Fry Vegetables Spring Egg Roll Chocolate Chip Cake	Swiss Steak Herb Roasted Red Potatoes Mixed Vegetables Beverage Choice Decadent Brownie	Baked Tilapia Fillet Macaroni and Cheese Key Largo Vegetable Blend Beverage Choice Fresh Coconut Cream Pie	Roasted Lemon Chicken Drumsticks Red Potato Salad Chef's Steamed Vegetable Beverage Choice Banana Cake	Swedish Meatballs Buttered Noodles Green Beans Parmesan Breadsticks Beverage Choice Pudding Tart	Tangy Country Style Ribs Baked Beans Herbed Corn Cornbread Muffin Beverage Choice Coffee Cake
D I N E R	Soup Du Jour Chicken Fettuccine Alfredo Normandy Blend Garlic Breadsticks Beverage Choice Homemade Cookie	Soup Du Jour Ravioli with Herb Cream Sauce Sauteed Zucchini Baked Roll Beverage Choice Peach Jello Salad	Soup Du Jour Baked Honey Mustard Chicken Fried Potatoes and Onions Chef's Steamed Vegetable Cornbread Muffin Beverage Choice Vanilla Pudding	Soup Du Jour Classic Lasagna Zucchini Corn Saute Crusty Garlic Bread Beverage Choice Classic Banana Bread	Soup Du Jour Ham Melt Potato Chips Peas and Mushrooms Beverage Choice Ice Cream	Soup Du Jour Shredded Pork Lemon Rice Corn O'Brien Beverage Choice Sugar Drop Cookie	Soup Du Jour Chicken Herb Potato Casserole Herb Sauteed Vegetables Beverage Choice Ice Cream
	Week 4						

Weekly Menu

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	Sun 03-30-2025	Mon 03-31-2025	Tue 04-01-2025	Wed 04-02-2025	Thu 04-03-2025	Fri 04-04-2025	Sat 04-05-2025
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Fresh Biscuit Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Breakfast Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot or Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
L U N C H	Glazed Baked Ham Candied Yams Skillet Cabbage Baked Roll Beverage Choice Crumb Topped Peaches	Ale House Beef Mushroom Rice Baked Parmesan Zucchini Beverage Choice Cranberry Apple Crisp	Balsamic Honey Glazed Pork Chops Rice Pilaf Capri Blend Baked Roll Beverage Choice Angel Food Cake	Three Cheese Turkey Tetrazzini Green Beans Garlic Breadsticks Beverage Choice Ice Cream	Classic Salisbury Steak and Gravy Classic Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Crunchy Baked Fish Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet	Mozzarella Meatloaf Herb Roasted Red Potatoes Seasoned Peas Baked Roll Yellow Cake
D I N N E R	Soup Du Jour Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Toffee Bar	Soup Du Jour Baked Spaghetti Zucchini with Tomatoes and Shallots Garlic Breadsticks Beverage Choice Pumpkin Chocolate Chip Cookie	Soup Du Jour Southwest Cheddar Meatballs Garlic Herb Mashed Potatoes Broccoli with Cheese Sauce Beverage Choice Lemon Lush Pudding	Soup Du Jour Ham Salad with Crackers Dill New Potatoes Peas and Mushrooms Crackers Beverage Choice Strawberry Oatmeal Bars	Soup Du Jour Cheese Stuffed Frankfurter Potato Chips Pickle Relish Plate Beverage Choice Jello Salad	Soup Du Jour Shredded Pork Over Rice Chef's Steamed Vegetable Beverage Choice Citrus Cupcake	Soup Du Jour Chicken Tenders Tater Tots Herb Sauteed Vegetables Beverage Choice Ice Cream
	Week 5						