

Weekly Menu

Clatsop Care Memory Community



	Sun 09-01-2024	Mon 09-02-2024	Tue 09-03-2024	Wed 09-04-2024	Thu 09-05-2024	Fri 09-06-2024	Sat 09-07-2024
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Fresh Biscuit Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Polenta Waffles Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam Banana 100% Juice Beverage Choice
L U N C H	Beef Pot Roast Boiled Red Potatoes Glazed Carrots Beverage Choice Berries and Bananas	Chicken with Mango Salsa Coconut Rice Steamed Broccoli Baked Roll Orange Poke Cake	Glazed Pork Chops Rice Orzo Pilaf Green Bean Mushroom Medley Baked Roll Beverage Choice Bread Pudding	Baked Tilapia Fillet Macaroni and Cheese Country Trio Medley Beverage Choice Raspberry Lemon Bars	Ranch Chicken Glazed Sweet Potatoes Zucchini Corn Saute Baked Roll Beverage Choice Chocolate Cream Pie	Burgundy Pork Tenderloin Lemon Rice Herb Sauteed Vegetables Beverage Choice Ice Cream	Brown Sugar Meatloaf Roasted Potato Medley Chef's Steamed Vegetable Baked Roll Beverage Choice Peach Angel Food Cake
D I N N E R	Hearty Vegetable Soup Southern Ham and Beans California Normandy Blend Fresh Cornbread Beverage Choice Chocolate Chip Cookie	Italian Vegetable Soup Sausage Tortellini Peaches Light Caesar Salad Beverage Choice Strawberry Cake	Navy Bean Soup Chicken Pilaf Casserole Mixed Vegetables Beverage Choice Ice Cream	Cream of Tomato Soup Sloppy Joes Potato Chips Coleslaw Beverage Choice Assorted Desserts	Vegetable Medley Soup Hamburger Casserole Fresh Cooked Carrots Whole Grain Bread Jello Salad	Homestyle Bean Bacon Soup Chicken Patty Sandwich Tater Tots Watermelon Carrot Raisin Salad Beverage Choice Ice Cream Sandwich	Fresh Vegetable Soup Pork and Noodle Casserole Fresh Fruit Cup Whole Green Beans Beverage Choice Chocolate Caramel Bars
	Week 1						

Weekly Menu

Clatsop Care Memory Community



	Sun 09-08-2024	Mon 09-09-2024	Tue 09-10-2024	Wed 09-11-2024	Thu 09-12-2024	Fri 09-13-2024	Sat 09-14-2024
BREAKFAST	Grits Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Breakfast Ham 100% Juice Whole Grain Toast Beverage Choice	10 Grain Hot Cereal Strawberry Belgian Waffle Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	Polenta Cold Cereal Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Patty Fresh Fruit 100% Juice Beverage Choice	Hot Cereal Cold Cereal Fried Spam Cheesy Scrambled Eggs 100% Juice Beverage Choice
LUNCH	Chicken Parmesan Garlic Pasta Fresh Cooked Zucchini Baked Roll Beverage Choice Mixed Berry Crisp	Garlic Herb Pork Roast Cheesy Rice Capri Blend Baked Roll Beverage Choice Banana Bread	Ground Beef Stroganoff Buttered Noodles Mixed Vegetables Beverage Choice Angel Food Cake with Fresh Berries	Chicken Tetrizzini Green Beans with Bacon Beverage Choice Chocolate Lush	Green Salad Baked Spiral Ham AuGratin Potatoes Glazed Baby Carrots Baked Roll Ice Cream Sundae	Kielbasa with Peppers Baked Fried Potatoes Sauerkraut Beverage Choice Fudge Crinkle Cookie	Baked Chicken Reuben Rice Orzo Pilaf Stir-Fry Vegetables Baked Roll Beverage Choice Banana Sheet Cake
DINNER	Soup Du Jour Egg Salad Sandwich Corn Chips Romaine Salad with Poppy Seed Dressing Beverage Choice Classic Rice Krispies Treat	Soup Du Jour Baked Ham Strata Homestyle Country Potatoes Country Trio Medley Beverage Choice Tropical Pineapple Salad	Soup Du Jour Braised Balsamic Chicken Roasted Rosemary Potatoes Farm Fresh Vegetables Beverage Choice Soft Oatmeal Raisin Cookie	Soup Du Jour Tater Tot Casserole California Normandy Blend Beverage Choice Double Chocolate Crumble Bars	Soup Du Jour BBQ Pork Rib Patty French Fries Chef's Steamed Vegetable Beverage Choice Funfetti Cake Bar	Soup Du Jour Grilled Three Cheese Sandwich Scalloped Potatoes Fresh Cooked Carrots Beverage Choice Sherbet	Soup Du Jour Sausage and Mushroom Pizza Blue Cheese Coleslaw Garlic Breadsticks Beverage Choice Assorted Desserts

Weekly Menu

Clatsop Care Memory Community



	Sun 09-15-2024	Mon 09-16-2024	Tue 09-17-2024	Wed 09-18-2024	Thu 09-19-2024	Fri 09-20-2024	Sat 09-21-2024
B R E A K F A S T	Grits Cold Cereal Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy with Biscuits Cheesy Scrambled Eggs 100% Juice Beverage Choice	Oatmeal Baked Pancakes Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cold Cereal Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Polenta Cold Cereal Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cold Cereal Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cold Cereal Cheesy Scrambled Eggs Fried Spam 100% Juice Coffee
L U N C H	Honey Glazed Pork Sweet Baked Yams Capri Blend Baked Roll Beverage Choice Lemon Meringue Pie	Country Fried Steak with Gravy Garlic Mashed Potatoes Peas and Onions Beverage Choice Banana Sheet Cake	Monterey Chicken with Mushrooms Lemon Butter Egg Noodles Roasted Carrots Beverage Choice Fruit Cobbler	Breaded Fish Fillet Macaroni and Cheese Herb Sauteed Vegetables Beverage Choice Cherry Fluff	Meatloaf with Carmelized Onion Gravy Buttered Noodles Parmesan Green Beans Beverage Choice Snickerdoodle Brownie	Ham and Potato Casserole Stewed Tomatoes Beverage Choice Ice Cream	Beef Chili Mac Country Trio Medley Garlic Bread Beverage Choice Chocolate Peanut Butter Cake
D I N N E R	Soup Du Jour Chicken Enchiladas Spanish Rice Stir-Fried Zucchini Beverage Choice Creamy Rice Pudding	Soup Du Jour Ham and Cheese Tetrizzini Chef's Steamed Vegetable Beverage Choice Fruit Toss	Corn Chowder American Hamburgers Classic Macaroni Salad Watermelon Pickle Relish Plate Beverage Choice Soft Chocolate Chip Cookie	Soup Du Jour Sweet and Sour Pork Basmati Rice Stir-Fry Vegetables Beverage Choice Magic Cookie Bar	Soup Du Jour Chicken Salad on Croissant Cream and Cheese Potatoes Herb Sauteed Vegetables Beverage Choice Raspberry Jello Salad	Baked Beef Rigatoni Green Beans Italian Garlic Breadsticks Beverage Choice Popsicle Bar	Soup Du Jour Ranch Chicken Nuggets Chef's Steamed Vegetable Baked Roll Tater Tots Raspberry Split Cookies Beverage Choice
	Week 3						

Weekly Menu

Clatsop Care Memory Community



	Sun 09-22-2024	Mon 09-23-2024	Tue 09-24-2024	Wed 09-25-2024	Thu 09-26-2024	Fri 09-27-2024	Sat 09-28-2024
BREAKFAST	Grits Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Fresh Biscuit Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot or Cold Cereal Homestyle Waffles Cheesy Scrambled Eggs Fried Spam 100% Juice Beverage Choice
LUNCH	Hash Brown Beef Casserole Parsley Carrots Baked Roll Beverage Choice Dutch Apple Pie	Asian Orange Chicken Rice Spanish Green Beans Vegetable Egg Roll Beverage Choice White Almond Cake	Swiss Steak and Tomatoes Garlic Mashed Potatoes Mixed Vegetables Beverage Choice Decadent Brownie	Baked Tilapia Fillet Macaroni and Cheese Country Trio Medley Beverage Choice Dream Dessert	Green Salad Roasted Lemon Chicken Drumsticks Potato Salad Chef's Steamed Vegetable Beverage Choice Banana Cake	Meatballs with Marinara Sauce Parmesan Pasta Green Beans Garlic Breadsticks Beverage Choice Key Lime Tarts	Midwest Pork Ribs Baked Beans with Bacon Herbed Corn Cornbread Muffin Beverage Choice Coffee Cake
DINNER	Soup Du Jour Chicken Fettuccine Alfredo Normandy Blend Garlic Breadsticks Beverage Choice Homemade Cookie	Soup Du Jour Classic Lasagna Sauteed Zucchini Garlic Bread Beverage Choice Peanut Butter Bars	Soup Du Jour Crispy BBQ Chicken Salad Chef's Steamed Vegetable Bacon Cheddar Cornbread Muffin Beverage Choice Sherbet	Soup Du Jour Frito Chili Pie Mexican Corn Beverage Choice Banana Bread Blondies	Soup Du Jour Ham Melt Potato Chips Peas and Mushrooms Beverage Choice Peaches and Cream Dessert	Soup Du Jour Shredded Pork Delicious Rice Southwest Vegetable Medley Beverage Choice Monster Cookie	Soup Du Jour Chicken Herb Potato Casserole Herb Sauteed Vegetables Beverage Choice Ice Cream
	Week 4						

Weekly Menu

Clatsop Care Memory Community



	Sun 09-29-2024	Mon 09-30-2024	Tue 10-01-2024	Wed 10-02-2024	Thu 10-03-2024	Fri 10-04-2024	Sat 10-05-2024
B R E A K F A S T	Grits Cheesy Scrambled Eggs Hash Browns Ham Patty 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Cheesy Scrambled Eggs 100% Juice Herb Biscuits Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Polenta French Toast Sticks Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal Cold Cereal Fried Spam Cheesy Scrambled Eggs 100% Juice Beverage Choice
L U N C H	Honey Glazed Ham Candied Yams Skillet Cabbage Baked Roll Beverage Choice Peach Crumb Pie	Ale House Beef Seasoned Mushroom Rice Sauteed Zucchini Beverage Choice Cranberry Apple Crisp	Southwest Cheddar Meatballs Herb Mashed Potatoes Broccoli with Cheese Sauce Texas Sheet Cake	Smothered Pork Chops Rice Orzo Pilaf Fresh Capri Blend Baked Roll Beverage Choice Pineapple Blueberry Crumble	Salisbury Steak and Gravy Garlic Herb Mashed Potatoes Peas and Carrots Beverage Choice Butter Pecan Cake	Crunchy Baked Fish Macaroni and Cheese Vegetable Medley Beverage Choice Sherbet Dessert	Pork Chow Mein Fiesta Rice Stir-Fry Vegetables Spring Egg Roll Beverage Choice Ice Cream
D I N N E R	Mushroom Barley Soup Chicken Bacon Rice Bake Buttery Carrots Beverage Choice Fresh Lemon Bars	Soup Du Jour Baked Spaghetti Herb Roasted Tomatoes Garlic Breadsticks Beverage Choice Peanut Butter Cookie	Soup Du Jour Summer Cobb Salad Watermelon Baked Roll Beverage Choice Ice Cream	Navy Bean Soup Ham Salad with Crackers Dill New Potatoes Peas and Mushrooms Beverage Choice Egg Custard Pudding	Soup Du Jour Honey Mustard Deli Wrap Corn Chips Pickle Relish Plate Beverage Choice Orange Cottage Salad	Soup Du Jour Hawaiian Beef Dish Chef's Steamed Vegetable Beverage Choice Creamy Cake Bar	Soup Du Jour Breadcrumb Chicken Tenders Tater Tots Normandy Blend Beverage Choice Mixed Fruit Medley
	Week 5						