| WEEK 1 |
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| MONDAY (1) | TUESDAY (2) | WEDNESDAY (3) | THURSDAY (4) | FRIDAY (5) | SATURDAY (6) | SUNDAY (7) |
|-----------------------------|------------------------|---------------------------------------|------------------------|---------------------------|------------------------|---------------------------|
| June 24 | June 25 | June 26 | June 27 | June 28 | June 29 | June 30 |
| BREAKFAST | , | · · · · · · · · · · · · · · · · · · · | | | | |
| Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat |
| Biscuit and Sausage Gravy | Cheese Omelet | Muffin | Scrambled Eggs | Pork Sausage Links | English Muffin | Hash Brown Potatoes |
| 100% Juice with Vit. C | Danish Pastry | Boiled Eggs | Bacon | Pancake w/ Butter & Syrup | Pork Sausage Patties | Scrambled Eggs and Cheese |
| Fruit Bar | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C |
| , , | Fruit Bar | Fruit Bar | Fruit Bar | Fruit Bar | Fruit Bar | Fruit Bar |
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| LUNCH | <u> </u> ' | ′ | | | | |
| Bacon Wrapped Chopped Steak | , | Lasagna | Roast Beef | Swedish Meatballs | Beef Stew | Peppered Pork Loin |
| Mashed Potatoes | Sweet Potatoes | Broccoli | Au Gratin Potatoes | Buttered Noodles | Cornbread | Whipped Sweet Potatoes |
| Seasoned Carrots | Italian Vegetables | Breadstick | Seasoned Carrots | Seasoned Zucchini | Green Beans | Spinach |
| Watermelon | Boston Cream Cake | Lemon Pudding | Pineapples | Grapes | Rainbow Sherbet | Chocolate Pudding |
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| DINNER | | · · · · · · · · · · · · · · · · · · · | | | | |
| Salmon Patty | Cheese Ravioli Alfredo | Deli Meat Sandwich | Kielbasa | Battered Fish | Egg Salad Sandwich | Pizza |
| Parsley Noodles | Green Peas | Crudites | Corn | Baked Potato Wedges | Chips | Green Salad |
| Yellow Squash | Bread with Butter | Strawberries and Bananas | Sauerkraut | Coleslaw | Fresh Vegetables | Breadstick |
| Tropical Fruit | Peaches and Cream | | Brownie | Cookies | Frosted Cake | Mandarin Oranges |
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WEEK 2

| MONDAY (8) | TUESDAY (9) | WEDNESDAY (10) | THURSDAY (11) | FRIDAY (12) | SATURDAY (13) | SUNDAY (14) |
|------------------------|---------------------------|------------------------|--------------------------|---------------------------|------------------------|-------------------------------------|
| July 1 | July 2 | July 3 | July 4 | July 5 | July 6 | July 7 |
| BREAKFAST | | | | | | |
| Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal |
| Bacon | Pork Sausage Links | Boiled Eggs | Confetti Eggs | Biscuit and Sausage Gravy | Cheese Omelet | Pork Sausage Patties |
| Scrambled Eggs | Pancake w/ Butter & Syrup | Muffin | Waffle w/ Butter & Syrup | 100% Juice with Vit. C | Bacon | French Toast w/ Butter & |
| 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | Fruit Bar | 100% Juice with Vit. C | Syrup |
| Fruit Bar | Fruit Bar | Fruit Bar | Fruit Bar | | Fruit Bar | 100% Juice with Vit. C Fruit Bar |
| LUNCH | | | | | | |
| Baked Fish | Salisbury Steak | Chicken Patty on a Bun | BBQ Pork Ribs | Macaroni and Cheese | Chicken Teriyaki | Chili |
| Garden Rice | Mashed Potatoes | Relish Plate | Baked Beans | Green Peas | Rice | Cornbread |
| Capri Blend Vegetables | Green Beans | French Fries | Corn | Bread and Butter | Vegetable Stir Fry | Green Salad |
| Ice Cream | Tropical Fruit | Fruit Cup | Marshmallow Treats | Cookies | Honey Bun Cake | Peach Cobbler |
| DINNER | | | | | | |
| Chicken Supreme | Tuna Salad Sandwich | Vegetable Quiche | Battered Fish | Pizza | Stuffed Pasta Shells | Egg Salad Sandwich |
| Parsley Noodles | Coleslaw | Garden Salad | Potato Wedges | Caesar Salad | Italian Vegetables | Crudites |
| Broccoli | Chips | Dinner Roll | Cauliflower | Breadstick | Dinner Roll | Chips |
| Diced Peaches | Apple Pie | Chocolate Pudding | Diced Pears | Fruit Salad | Strawberries | Fruit Cocktail |

WEEK 3

| MONDAY (15) | TUESDAY (16) | WEDNESDAY (17) | THURSDAY (18) | FRIDAY (19) | SATURDAY (20) | SUNDAY (21) |
|------------------------|--------------------------|------------------------|---------------------------|------------------------|--------------------------|---------------------------|
| July 8 | July 9 | July 10 | July 11 | July 12 | July 13 | July 14 |
| BREAKFAST | | | | | | |
| Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat |
| Boiled Eggs | Pork Sausage Links | Cheese Omelet | Biscuit and Sausage Gravy | Breakfast Burrito | Scrambled Eggs | Pancake w/ Butter & Syrup |
| Danish Pastry | Waffle w/ Butter & Syrup | Bacon | 100% Juice with Vit. C | 100% Juice with Vit. C | Muffin | Pork Sausage Patty |
| 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C | Fruit Bar | Fruit Bar | 100% Juice with Vit. C | 100% Juice with Vit. C |
| Fruit Bar | Fruit Bar | Fruit Bar | | | Fruit Bar | Fruit Bar |
| | | | | | | |
| LUNCH | | | | | | |
| Cheese Ravioli | Country Fried Steak | Oven Fried Chicken | Baked Pork Chop | Salisbury Steak | Sweet and Sour Meatballs | Kielbasa |
| Caesar Salad | Scalloped Potatoes | Red Potatoes | Buttered Corn | Mashed Potatoes | Parslied Rice | Boiled Potatoes |
| Garlic Breadstick | Spinach | Green Beans | Cauliflower | Brussels Sprouts | Broccoli | Green Peas |
| Diced Pears | Pineapples | Angel Food Cake | Apple Pie | Fruit Cocktail | Butterscotch Pudding | Sugar Cookie |
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| DINNER | | T | | | | |
| Minestrone Soup | Cheese Broccoli Strata | Tuna Salad Sandwich | Macaroni & Cheese | Chef Salad | Cheese Ravioli | Beef Stew |
| Turkey Sandwich | Seasoned Carrots | Crudites | Capri Blend Vegetables | Three Bean Salad | Mixed Vegetables | Cornbread |
| Relish Plate | Dinner Roll | Chips | Bread w/ Butter | Cookies | Breadstick | Green Salad |
| Lemon Pudding | German Chocolate Cake | Grapes | Fruit Cup | | Mandarin Oranges | Diced Peaches |
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| MONDAY (22) | TUESDAY (23) | WEDNESDAY (24) | THURSDAY (25) | FRIDAY (26) | SATURDAY (27) | SUNDAY (28) |
|---------------------------|--------------------------|------------------------|------------------------|--------------------------------|------------------------|---------------------------|
| July 15 | July 16 | July 17 | July 18 | July 19 | July 20 | July 21 |
| BREAKFAST | | | | | | |
| Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal | Cream of Wheat | Oatmeal |
| Biscuit and Sausage Gravy | Confetti Eggs | Scrambled Eggs | Breakfast Sandwich | French Toast w/ Butter & Syrup | Cheese Omelet | Pork Sausage Links |
| 100% Juice with Vit. C | Muffin | Hash Brown Potatoes | 100% Juice with Vit. C | Scrambled Eggs | Bacon | Waffle w/ Butter & Syrup |
| Fruit Bar | 100% Juice with Vit. C | 100% Juice with Vit. C | Fruit Bar | 100% Juice with Vit. C | 100% Juice with Vit. C | 100% Juice with Vit. C |
| | Fruit Bar | Fruit Bar | | Fruit Bar | Fruit Bar | Fruit Bar |
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| LUNCH | | | | | | |
| Country Fried Steak | Italian Sausage | Sweet and Sour Pork | Chicken Tetrazzini | Oven Fried Fish | Herbed Pork Loin | Beef Stew |
| Corn | Roasted Potatoes | Stir Fry Vegetables | Broccoli | California Blend Vegetables | Baked Potato Half | Tossed Salad |
| Seasoned Carrots | Sauteed Onions & Peppers | Rice | Bread with Butter | Potato Wedges | Green Beans | Biscuit |
| Fruit Crisp | Fruit Cup | Pineapples | Frosted Marble Cake | Spiced Peaches | Fruit Cocktail | Apple Pie |
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| DINNER | | | | | | |
| Ham & Cheese Sandwich | Roast Beef | Baked Manicotti Pasta | Salisbury Steak | Lasagna | Turkey & Rice | Egg Salad Sandwich |
| Relish Plate | Sweet Potatoes | Caesar Salad | Au Gratin Potatoes | Mixed Green Salad | Casserole | Cucumber and Baby Carrots |
| Chips | Seasoned Cauliflower | Breadstick | Spinach | Dinner Roll | Mixed Vegetables | Chips |
| Diced Pears | Strawberries | Oatmeal Raisin Cookies | Mandarin Oranges | Fresh Fruits | Chocolate Chip Cookies | Strawberry Shortcake |
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