

**CLATSOP CARE HEALTH DISTRICT  
BOARD OF DIRECTOR'S MEETING  
October 5<sup>th</sup>, 2023  
Regular Meeting Minutes**

**I. CALL TO ORDER**

Linda Crandell called the meeting to order at 12:00pm at Clatsop Care Health & Rehabilitation in Astoria Oregon.

A. Roll Call: present = P excused = E absent = A

<b>Board Members</b>		<b>Management</b>	
Linda Crandell	P	Mark Remley, Aidan Health Services	P
Mike Aho	P	Kendra Webb, Administrator CCHR	P
Paul Radu	P	Lauren Beard Administrator CRV	P
Mary Nauha	E	Hannah Ross Administrator CCMC	P
Melissa Watson (via phone)	P	Debi Martin IHC Director	P
Chuck Meyer	P	Danielle Sampson	P
Megan Lampson	P	Michael Martin, Marketing	E
		<b>Members of the public</b>	

**II. CONSENT AGENDA**

A. Agenda approval.

Linda Crandell asked for a motion to approve the agenda. Mike Aho made a motion to approve the agenda and Paul Radu seconded. All said aye.

B. Approval of regular meeting minutes. Chuck Meyer made a motion to approve the minutes and Paul Radu seconded. All said aye.

**III. PUBLIC COMMENT** This is an opportunity for anyone to give a 3-minute presentation about any item on the agenda OR any topic of board concern that is not on the agenda.

No public comment.

**IV. CLATSOP BOARD EDUCATION PRESENTATION**

**A. Relationship with Consonus Therapy and Pharmacy**

Mark Remley commented that there has been a long-standing relationship for therapy and pharmacy services through Consonus.. They are part of Marquis which is one of the last groups based in Oregon that supplies PT, OT and Speech therapies to residents. Since the health district has multiple facilities and the contract is with the health district, Consonus is able to provide therapy at CRV and CCMC under Part B coverage but their main place is at the care center with the skilled residents. This helps create a familiarity for the residents, if they have to be at the care center in skilled care and then they transfer to CRV and continue receiving care. The district changed to Consonus around 8 years ago and they take a more holistic approach with residents. They focus on PDPM which was a new reimbursement model, prior they were billing by minutes, where now you receive the most money in the first 3 days and it goes down over time. This model helps get people where they need to be but also doesn't make it where they must be doing a certain amount by the minute. The pharmacy side of Consonus provides all medications (unless a patient opts out) and all vaccines that are needed. This was a huge part in the district being able to get the Covid shots out to their residents and staff members, they were leading the charge. Consonus also provides any trainings that may be required or needed by staff and they are always available to answer questions. It's a very open book organization that will help when and where they are needed.

Mike Aho asked what the contract length is and how it is structured. Mark Remley commented that it is open ended and requires a 90 day notice if the district were to want to cancel.

Mik Aho asked if the charge for Consonus was under therapy materials and supplies on the financials. Mark Remley commented yes.

Mike Aho asked how does the district charge for the services. Mark Remley commented that under the PDPM model, there is an all inclusive rate that the district receives for that patient and then a percentage of that rate is paid to Consonus. For Part B it is based on units and there is a flat amount paid.

**V. ADMINISTRATION REPORTS**

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- A. Kendra Webb provided an update on Clatsop Care Health and Rehabilitation. Please see her report for details.

Kendra Webb commented the census is at 30 with an admit coming today and a few more admits planned for next week. The windows are currently being worked on and it is looking like November will be when the concrete pad will be poured for the generator. Once the pad is ready, then it will take 3-5 days for the project to be completed.

Megan Lampson asked how agency is looking in the facility? Kendra Webb commented that there are currently 2 nurses and 1 CNA contracted to the facility.

- B. Lauren Beard provided an update on Clatsop Retirement Village. Please see her report for details.

Lauren Bread commented the resident that they have the care center will be transferring to ICF and the new oven will be arriving tomorrow (10/6).

Megan Lampson asked if they have looked at offering respite to fill any spare open rooms? Lauren Beard commented that she doesn't receive many calls about respite but it is something that they could look into.

- C. Hannah Ross provided an update on Clatsop Care Memory Community. Please see her report for details.

Hannah Ross commented they are currently waiting for the move in due to Medicaid paperwork. Staffing is going well and the residents are enjoying their outings. So far they have gone on the trolley and to the car show.

Megan Lampson asked what the biggest struggles for staff are at the facility? Hannah Ross commented that behaviors are always a struggle, but they utilize Consonus and other organizations to help them train the staffs at the monthly all staff meetings.

- D. Debi Martin provided an update on In home Care. Please see her report for details.

Debi Martin commented the numbers for August were miscalculated and for September they were are 1406. There were 4 caregivers out with Covid but all are doing well. There is a waiting list currently but there are 3 new hires that are going to be starting.

Mike Aho asked is the board needs to look at providing pay again for employees that are out with Covid. Debi Martin commented that at some point people need to be getting their flu and Covid vaccines to protect themselves.

Mike Aho asked if the staff were able to get the vaccines through the care center and Consonus? Debi Martin commented that they are but most go and get them from their doctors or Walgreens.

Megan Lampson asked if the employees use their personal cell phones for SmartCare. Debi Martin commented that yes they do.

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Paul Radu asked if there was any reimbursement to the staff for this. Debi Martin commented no and Mark Remley commented that this is something that he is already looking into.

Linda Crandell asked when the bug in SmartCare will be fixed? Mark Remley commented that hopefully by the end of October.

- E. Mark Remley provided an update on Clatsop Care Health District. Please see his report for details.

Mark Remley commented that in regard to Covid, it is still here and the rules haven't been adapted or evolved much recently. There is a lot of encouragement but no mandates or specific on what to do for testing. There has been a spike recently in Covid cases and it depends on the facility but it looks to be heading towards the direction of the flu. If they are positive, isolate in their rooms and staff uses PPE.

Mark Remley commented that an employee stopped him today and was talking about how CMH is renting a lot of places in the area to use as workforce housing and as we move forward with the new care center, it's something to think about for remodeling the current care center into a workforce housing building.

Megan Lampson asked how is float pool going? Danielle Sampson commented that it is going good there are just not a lot in the float pool currently because a chunk of them transferred into the last few CNA classes and are not working at the care center as CNA's.

- F. Mark Remley Financial report. Please see his report for details.

Mark Remley commented that the FEMA money of \$92,000 was allocated between all of the facilities. HUD is processing the \$90,500.00 for the elevator. ERTC, we are waiting to hear back from Dan Eller but they are not starting on this again until January due to all of the fraud that they are working through.

Mike Aho asked what the care center fund is that has been stagnant at \$22,000. Mark Remley commented that he will ask Carol Sellars about that.

Mark Remley commented that the board moved the money from the Memorial Fund to the LGIP but if the Foundation comes up with a budget, it will need to be moved back to the Memorial Fund.

Paul Radu asked what the interest rate on the LGIP account was currently. Mark Remley commented that it is at 4.5%.

Lina Crandell commented that there needs to be policies set up for the Foundation earning money. Mark Remley commented that they there are two main tasks that were tasked to them and the first is to come up with a budget, the second is to look at the definitions of the Foundation and find out what it all means.



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Linda Crandell commented that she is concerned about the money being transparent and that there need to be oversight on it so that they know where it is all going.

**VI. BOARD OF DIRECTORS - ACTION ITEMS**

A. Resolution #2024-07a – New Bus Agreement Modification

Linda Crandell commented that this is modification to Resolution #2024-07 that was voted on last month. This is to make sure that the new bus can have 5 wheelchairs. This is going to cost around \$19,000 extra, making the total of the new bus \$155,000.00. Chuck Meyer moved to approve the resolution and Paul Radu seconded the motion. Linda Crandell called a roll call vote, Megan Lampson voted aye, Mike Aho voted aye, Paul Radu voted aye, Chuck Meyer voted aye and the chair Linda Crandell voted aye. The motion carried.

A. Resolution #2024-08 – Holiday Bonuses

Linda Crandell commented that last year they provided a \$50 gift card for Thanksgiving to the Astoria Co+Op , this year they will be purchasing them from Main Street Market in Warrenton. For the holiday bonus they provided full time employees with \$1000 and part time employees with a \$600 bonus. This would total approximately \$152,000 which was budgeted for last year. Paul Radu moved to approve these bonuses and Chuck Meyer seconded.

Mike Aho commented that the owner of Main Street Market will provide a discount to the district for purchasing the gift certificates from them. The gift certificates are to be handed out to staff on the first pay date of November, which would be November 10<sup>th</sup>, 2023. For the holiday bonuses, those will be given out to staff on the first pay date in December, which is December 8<sup>th</sup>, 2023.

**VII. GENERAL DISCUSSION**

A. Care Center Development Update

Mark Remley commented that the newest set of plans have been updated. The nurses stations are still not correct because they should be able to see down the hallways and they updated the office sizes

Mike Aho asked if visitors after hours are going to be able to be buzzed in and then that way the nurses station don't have to see the front doors because there will security cameras. Mark Remley commented that you still want them at night to be able to see the front door.

Mark Remley commented that the big question is do we want to purchase the adjacent 3.4 acre lot for future expansion or pay \$50,000 to have first right of refusal. The \$50,000 is fully refundable if the district decides not to purchase the extra parcel. Paul Radu commented that he

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would like this run by the attorney to see how they feel on this and then update the board next month.

B. Foundation

Chuk Meyer commented that the Foundation is still looking for members and officers, but it is in progress right now. The next meeting will be later in October.

C. CRV Room Conversion

Mark Remley commented that 4 of the extra open 1 bedroom apartments have been turned into Medicaid room and the residents are aware that they will move to studio apartments as they become available.

Mike Aho asked how quickly the rooms could be filled? Lauren Beard commented that the rooms are ready to go and they could fill very quickly.

Linda Crandell commented that we should also look into respite care for the other rooms that are available because they are short term stays.

D. Preliminary Capital Plan

Linda Crandell commented that we need to make a plan for the tax levy month. Megan Lampson, Mike Aho and Linda Crandell are the subcommittee that will work with Mark Remley to create the plan.

E. Benefit Plan Recap

Linda Crandell asked how the new employee benefit plan went over with the staff. Danielle Sampson commented that the majority of the changes were well received by the employees in the district. The one piece that many were not happy about was that there are no longer PTO cash outs available or pay day advances. Other than that though, all of the pieces are working well for the employees of the district.

**VIII. BOARD NOTATIONS CLOSING COMMENTS**

Megan Lampson asked if Mark Remley had met with Craig Hoppes. Mark Remley commented that he had left a voicemail for him and that on Wednesday he will be meeting with Kathleen Stewart to talk more about the bond. Megan Lampson also asked if there will be bariatric beds in the new facility. Mark Remley commented that they are building the facility so that they can accommodate bariatric residents in any part of the facility.

Linda Crandell asked about the Performa for 44 beds or 52 beds. Mark Remley commented that he is working with Kendra Webb on this.

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Mike Aho asked what the difference in cost between 44 and 52 beds would be? Mark Remley commented that equipment will be the biggest cost difference but that wouldn't be much of a savings.

Paul Radu commented that we need to get the nurses stations figured out in the plans because we need to make sure that it is efficient. Mark Remley commented that Marquis is going to send him the most recent build that they did to look at.

Chuck Meyer asked what the smoking policy is for residents. Kendra Webb commented that it is a nonsmoking facility but there is one resident that smokes currently. Chuck Meyer ask how time consuming it is for staff to take a resident out to smoke. Kendra Webb commented that it is very time consuming and there has to be a smoking schedule to space it out.

**IX. ADJOURNMENT**

Linda Crandell made a motion to adjourn the meeting. The meeting was adjourned at 1:34 PM.

  
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Signature

12/07/23  
Date

*Minutes recorded by Danielle Sampson*