



CLATSOP CARE

MEMORY COMMUNITY

2219 SE Dolphin Avenue • Warrenton, OR 97146 • (503) 994-2060

November 2023

Staff Directory

Merlita Alcobendas	Dietary Aide
Jacki Anderson	Chef
Konnie Ballard	Housekeeper
Mildred Fernando	Caregiver
Nicole Gensman	Caregiver
Rosa Ortiz Gonzalez	Chef
Brittnie Granillo	Caregiver
Noah Hamilton	Caregiver
Izzy Hernandez	Caregiver
Ashley Jimenez	Caregiver
Tammy King	Caregiver
Andrew King	Caregiver
Beth Laforteza	Dietary Aide
Nancy Madsen	Caregiver
Roberta Martin	Team Leader
Shantell Mason	Registered Nurse
Angie McGillis	Dietary Aide/Activities Assistant
Laurie Mespelt	Dietary
Marie Miramontez	Caregiver
Larry O'Donnell	Maintenance Director
Kim Oros	Resident Care Coordinator
Bri Palmer	Caregiver
Mary Ellen Pamburn	Team Lead/Caregiver
Kenneth Raymond	Dietary Manager/Chef
Hannah Ross	Administrator
Nadine Subia	Activities Director
Tess Swarnsen	Caregiver
Charles Taylor	Team Leader/Caregiver
Jessica Vargus	Caregiver
Suzanne Weigand	Admin. Assistant
Alexis Woods	Team Leader



A group of residents strolling down the Avenue admiring all the classic cars. We look forward to 2024's Seaside Wheels & Waves car show.







Celebrated the End of Summer with a Luau!





November 2023

- LOBBY
- ACTIVITY ROOM
- GREEN
- ♪ SING-ALONG
- 🚌 BUS RIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>Daylight Saving ~ Change Your Clocks! 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Make Dog Biscuits for the Shelter 1:00 Facial Care 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>	 <div>National Nachos Day! 10:00 Snack & Hydration 10:30 BINGO! 1:00 Manicure & Pedicures 2:00 Build Your Own Nachos 3:00 Puzzles & Coloring 4:00 Read the Newspaper 5:15 Balloon Toss!</div>	 <div>10:00 Snack & Hydration 10:30 Read the Newspaper 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>1 10:00 Snack & Hydration 10:30 Read the Newspaper 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>2 9:30 Read the Newspaper 10:00 Snack & Hydration 10:30 Finish the Phrase! 1:30 Seaside Strummers♪ 2:00 Snack & Hydration 3:00 Karaoke♪ 5:30 Movie & Popcorn</div>	<div>3 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Facial Care 1:00 BINGO! 2:00 Snack & Hydration 3:00 Piano w/ Georgia ♪ 5:15 Balloon Toss!</div>	<div>4 National Candy Day! 9:30 Read the Newspaper from the '50s 10:00 Donuts and Hot Cocoa 10:30 Online Streaming Church Service 1:00 How candy has changed over the years? ... 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>
<div>5 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Make Dog Biscuits for the Shelter 1:00 Facial Care 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>	<div>6 10:00 Snack & Hydration 10:30 BINGO! 1:00 Manicure & Pedicures 2:00 Build Your Own Nachos 3:00 Puzzles & Coloring 4:00 Read the Newspaper 5:15 Balloon Toss!</div>	<div>7 10:00 Snack & Hydration 10:30 1 on 1 Visit 1:00 Let's Get Crafty! - Count Your Blessings Tree 2:00 Snack & Hydration 2:45 Bus Ride / Drop Biscuits at Shelter🚌 5:15 Movie & Popcorn</div>	<div>8 10:00 Snack & Hydration 10:30 Read the Newspaper 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>9 9:30 Read the Newspaper 10:00 Snack & Hydration 10:30 Finish the Phrase! 1:00 Drum Circle 2:00 Snack & Hydration 3:00 Karaoke♪ 5:30 Movie & Popcorn</div>	<div>10 Veterans Day (Observed) 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Facial Care 1:00 BINGO! 2:00 Snack & Hydration 3:00 Piano w/ Georgia ♪ 5:15 Balloon Toss!</div>	<div>11 Veterans Day 9:30 Read the Newspaper from the '50s 10:00 Donuts and Hot Cocoa 10:30 Online Streaming Church Service 1:00 Veterans Day Memorial 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>
<div>12 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Make Dog Biscuits for the Shelter 1:00 Facial Care 2:00 Sing Along with Pastor Stephen 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>	<div>13 World Kindness Day! 10:00 Snack & Hydration 10:30 BINGO! 1:00 Manicure & Pedicures 2:00 Snack & Hydration 3:00 Puzzles & Coloring 4:00 Read the Newspaper 5:15 Balloon Toss!</div>	<div>14 10:00 Snack & Hydration 10:30 1 on 1 Visit 1:30 Resident Council 2:00 Snack & Hydration 2:45 Bus Ride / Drop Biscuits at Shelter🚌 5:15 Movie & Popcorn</div>	<div>15 10:00 Maritime Museum Presentation: Cape Disappointment 10:00 Snack & Hydration 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>16 9:30 Read the Newspaper 10:00 Snack & Hydration 10:30 Finish the Phrase! 1:00 Drum Circle 2:00 Snack & Hydration 3:00 Karaoke♪ 5:30 Movie & Popcorn</div>	<div>17 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Facial Care 1:00 BINGO! 2:00 Snack & Hydration 3:00 Piano w/ Georgia ♪ 5:15 Balloon Toss!</div>	<div>18 9:30 Read the Newspaper from the '50s 10:00 Donuts and Hot Cocoa 10:30 Online Streaming Church Service 1:00 Karaoke!♪ 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>
<div>19 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Make Dog Biscuits for the Shelter 1:00 Facial Care 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>	<div>20 10:00 Snack & Hydration 10:30 BINGO! 1:00 Manicure & Pedicures 2:00 Snack & Hydration 3:00 Puzzles & Coloring 4:00 Read the Newspaper 5:15 Balloon Toss!</div>	<div>21 10:00 Snack & Hydration 10:30 1 on 1 Visit 1:00 Let's Get Crafty! - Leaf Bowls 1:30 Snack & Hydration 2:30 Trip to Gearhart Fultano's for Bowling 🚌 5:15 Movie & Popcorn</div>	<div>22 10:00 Snack & Hydration 10:30 Read the Newspaper 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>23 Thanksgiving 9:30 Read the Newspaper 10:00 Snack & Hydration 10:30 Finish the Phrase! 11:30 Thanksgiving Lunch - Family & Friends Invited! 1:00 Drum Circle 2:00 Snack & Hydration 3:00 Karaoke♪ 5:30 Movie & Popcorn</div>	<div>24 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Facial Care 1:00 BINGO! 2:00 Snack & Hydration 3:00 Piano w/ Georgia ♪ 5:15 Balloon Toss!</div>	<div>25 National Parfait Day! 9:30 Read the Newspaper from the '50s 10:00 Donuts and Hot Cocoa 10:30 Online Streaming Church Service 1:00 Karaoke!♪ 2:00 Parfaits & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>
<div>26 9:30 Chicken Soup for the Soul Stories 10:00 Snack & Hydration 10:30 Make Dog Biscuits for the Shelter 1:00 Facial Care 2:00 Snack & Hydration 2:45 Bus Ride🚌 5:15 Movie & Popcorn</div>	<div>27 10:00 Snack & Hydration 10:30 BINGO! 1:00 Manicure & Pedicures 2:00 Snack & Hydration 3:00 Puzzles & Coloring 4:00 Read the Newspaper 5:15 Balloon Toss!</div>	<div>28 10:00 Snack & Hydration 10:30 1 on 1 Visit 1:00 Karaoke!♪ 2:00 Monthly Birthday Celebration 2:45 Bus Ride / Drop Biscuits at Shelter🚌 5:15 Movie & Popcorn</div>	<div>29 10:00 Snack & Hydration 10:30 Read the Newspaper 1:00 BINGO! 2:00 Piano w/ Marilyn♪ 2:00 Snack & Hydration 3:00 Reminisce Magazine 5:15 Balloon Toss!</div>	<div>30 9:30 Read the Newspaper 10:00 Snack & Hydration 10:30 Finish the Phrase! 1:00 Drum Circle 2:00 Snack & Hydration 3:00 Karaoke♪ 5:30 Movie & Popcorn</div>		<div>All Events Are Subject to Change</div>



Brenda W. 11/03, Mildred 11/11, Hannah 11/15, Izzy 11/24, Michelle 11/24. Happy Birthday to you, Happy Birthday to you, Happy Birthday to Brenda, Mildred, Teresa, Hannah, Izzy and Michelle. Happy Birthday to you!

"Be present.
Let the day flow with grace.
Expect nothing. Give thanks.
Surrender. Be open.
Speak only kindness.
Impart only love.
Never forget you are not alone.
Give so you may receive.
See goodness in others."

"Sometimes your only available transportation is a leap of faith."

"Kindness can transform someone's dark moment with a blaze of light. You'll never know how much your caring matters."

Attention, Family & Friends

thank
you

Every month Pinnacle randomly selects residents' families to call and do a survey of how things are going here at the Memory Care. We want to thank the families who have done so. The feedback is appreciated as it is very important to us because it lets us know what is going great and also areas that we need to improve upon. If you have any questions, feel free to contact Hannah, the Administrator.