

Weekly Menu

Clatsop Care Memory Community



	Sun 10-29-2023	Mon 10-30-2023	Tue 10-31-2023	Wed 11-01-2023	Thu 11-02-2023	Fri 11-03-2023	Sat 11-04-2023
BREAKFAST	Grits LF Cheesy Scrambled Eggs Breakfast Ham 100% Juice Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Scrambled Egg 100% Juice Beverage Choice	Oatmeal Waffles Scrambled Egg Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal LF Cheesy Scrambled Eggs Sausage Patty 100% Juice Beverage Choice	Polenta LF Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Cream of Wheat LF Cheesy Scrambled Eggs Sausage Link 100% Juice Beverage Choice	Hot Cereal LF Cheesy Scrambled Eggs Fried Spam Hash Brown Patty 100% Juice Beverage Choice
LUNCH	Tangy Pork Roast Rice Pilaf Green Beans with Bacon Beverage Choice Classic Rice Krispies Treat	Beef Vegetable Casserole Watermelon Garlic Carrots Beverage Choice Ice Cream	Monterey Chicken Lemon Butter Egg Noodles Roasted Squash Beverage Choice Sherbet	Meatloaf and Gravy Macaroni and Cheese Steamed Broccoli Beverage Choice Cherry Fluff	Chili Macaroni Country Trio Medley Garlic Texas Toast Beverage Choice Coconut Cake	Ham and Potato Casserole Stewed Tomatoes Beverage Choice Ice Cream	LS Pepper Beef Tips over Rice Basmati Rice Maple Ginger Glazed Carrots Baked Roll Beverage Choice Tapioca Pudding
DINNER	Soup Du Jour Huli Huli Pineapple Chicken Aloha Sweet Potatoes Mixed Vegetables Beverage Choice Raspberry Crumb Cake	Soup Du Jour Ham and Cheese Tetrazzini Coleslaw Beverage Choice Fruit Toss	Soup Du Jour American Goulash Peas and Carrots Cornbread Muffin Beverage Choice Soft Oatmeal Raisin Cookie	LS Pepper Pot Soup Pork Chop and Potato Bake Zucchini Corn Saute Beverage Choice Cinnamon Pull-Aparts	LS Vegetable Medley Soup Classic Chicken Salad Cream and Cheese Potatoes Chef's Sauteed Vegetable Beverage Choice Sugar Drop Cookie	Soup Du Jour LS LF Ranch Chicken Nuggets Tater Tots Pineapple Chunks Chef's Steamed Vegetable Beverage Choice Rice Pudding	Vegetable Macaroni Soup Chicken Rigatoni Italian Green Beans Garlic Breadsticks Beverage Choice Banana Chocolate Split Dessert
	Week 4						