



# September 2023

## CCC Activity Newsletter

**Hello Family, Friends and Residents,  
Hello September and Fall! We have been having a great summer! The healing garden is exploding with colors, smells, and delicious fruits and veggies. We have been munching on cherry tomatoes, blueberries, golden Yukon potatoes and cucumbers! We are excited to start transitioning the garden for fall. If you have any extra bulbs you would like to donate we would love them for the garden. Over the next few months we will be adding a few colder weather activities to the calendar. We will also be increasing our bus rides from every other week to two times a week over the next few months. We are excited for all the upcoming holidays and the fall fun!**

**Thank you,  
Jade & Paula**



## Reminder



**Dates To Remember:**

**9/12- Resident Council Meeting @ 1:30p**

**9/25- National Daughters Day**

**9/28- National Sons Day**

**9/29- September Birthday Celebration @  
2p**

**September  
Birthdays:**

**9/16- Jeanette**

**9/16- John**



# September Bus Rides: Every Tuesday @ 10:30a and Thursday @ 1:30p



## Our Beautiful Dahlias



**Calling all Volunteers!**  
**Volunteers: \*Helping others is free and helping others gives you true happiness. \*The gift of help is priceless we are looking for volunteers! Do you have a talent you would like to share? Love spending time with OTHERS? IF you answered yes to any of these QUESTIONS, please consider signing up to volunteer at Clatsop Care Center. If you are interested in volunteering, please reach out to Jade @ 503-325-0313 ext.1230 or send me an email @ [jrained@clatsopcare.org](mailto:jrainaud@clatsopcare.org)**

**Kindness  
is free**

## Fall Funnies !!

**How did the tree get a new job? She had the right qualifications.**

**What is the best book to read in autumn? Gourd of the Rings.**

**Why was the man shopping for Reynolds Wrap? His wife wanted to see fall foliage.**

**Why did the turkey cross the road? Because it was the chicken's day off.**

**Why was the robot couple's anniversary in the fall? They were autumn mated.**







# Summer Fun !!!

