

Weekly Menu

Clatsop Care Memory Community



	Sun 05-28-2023	Mon 05-29-2023	Tue 05-30-2023	Wed 05-31-2023	Thu 06-01-2023	Fri 06-02-2023	Sat 06-03-2023
B R E A K F A S T	Grits Cheesy Scrambled Eggs Breakfast Ham 100% Juice Whole Grain Toast Beverage Choice	Cream of Wheat Sausage Country Gravy and Biscuits Scrambled Egg 100% Juice Beverage Choice	Oatmeal Cheesy Scrambled Eggs Bacon 100% Juice Beverage Choice	10 Grain Hot Cereal Cheesy Scrambled Eggs Corned Beef Hash 100% Juice Beverage Choice	Polenta Cheesy Scrambled Eggs Country Potatoes Breakfast Sausage Patty 100% Juice Beverage Choice	Cream of Wheat Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice Beverage Choice	Hot Cereal Cheesy Scrambled Eggs Fried Spam Banana 100% Juice Beverage Choice
L U N C H	Chicken Bacon Rice Bake Steamed Broccoli Beverage Choice Banana Pudding	Green Salad Ale House Beef Seasoned Mushroom Rice Sauteed Zucchini Beverage Choice Cranberry Apple Crisp	Baked Tilapia Fillet Macaroni and Cheese Vegetable Medley Beverage Choice Lime Jello with Fruit Cocktail	Green Salad Classic Salisbury Steak and Gravy Herb Mashed Potatoes Chef's Steamed Vegetable Beverage Choice Ambrosia	Chicken Pot Pie Onion Roasted Potatoes Mixed Vegetables Beverage Choice Apple Cranberry Turnover	Green Salad Chicken and Dumplings Parmesan Orzo Country Trio Medley Breadsticks Beverage Choice Butterscotch Pudding	Lemon Herb Turkey Roast with Gravy Homestyle Stuffing Spaghetti Squash Baked Roll Blueberry Crumb Cake
D I N N E R	Soup Du Jour Three Cheese and Herb Quiche Steamed Red Potatoes Herbed Corn Beverage Choice Fruit Cup	French Onion Soup Smothered Pork Chops Candied Yams Corn O'Brien Beverage Choice Sherbet	LS LF Garden Tomato Soup Chicken Alfredo Pasta Fresh Cooked Carrots Garlic Breadsticks Beverage Choice Ice Cream	Navy Bean Soup Ham Salad with Crackers Dill New Potatoes Peas and Mushrooms Beverage Choice Egg Custard Pudding	Cream of Broccoli Soup BBQ Sloppy Joe on a Bun Potato Chips Coleslaw Beverage Choice Assorted Desserts	Soup Du Jour Burrito Casserole Refried Beans Spanish Rice Beverage Choice Banana Bread Pudding	LS Vegetable Medley Soup Pork Chow Mein Basmati Rice Fresh Vegetable Stir Fry Beverage Choice Neopolitan Ice Cream
	Week 3						