



CLATSOP CARE

MEMORY COMMUNITY

2219 SE Dolphin Avenue • Warrenton, OR 97146 • (503) 994-2060

January 2023

Staff Directory

Hayat Abdulkadir	Caregiver
Merlita Alcobendas	Dietary Aide
Emma Anderson	Caregiver
Jacki Anderson	Chef
Eric Avinger	Team Leader/Caregiver
Brittany Betz	Team Leader
Mildred Fernando	Caregiver
Nicole Gensman	Caregiver
Ben Gildow	Team Leader
Brittnie Granillo	Caregiver
Sierra Hodges	Caregiver
Katelyn Marsh-Keehn	Caregiver
Tammy King	Caregiver
Elizabeth Laforteza	Dietary Aide
Vivian Lunzman	Caregiver
Halle Martin	Care Giver
Roberta Martin	Team Leader
Teresa O'Donnell	Resident Care Coordinator
Larry O'Donnell	Maintenance Director
Mary Ellen Pamburn	Caregiver
Kenneth Raymond	Dietary Manager/Chef
Teresa Rodela	Housekeeping/Caregiver
Hannah Ross	Administrator
Leo Schwanke	Caregiver
Nadine Subia	Activities Assistant
Charles Taylor	Caregiver
Suzanne Weigand	Admin. Assistant
Alexis Woods	Team Leader



We had the pleasure of having piano students come and do a recital for us.



ENCORE DANCERS!



The encore dancers took time out of their day to come and entertain us! Everyone loved it.

We just want to let everyone know that our Activities Director Char will be transitioning to a volunteer only position on January 6th. We wish her luck in her next endeavor. FAMILY COUNCIL THIS MONTH!



January 2023

- LOBBY
- ACTIVITY ROOM
- Green
- ♪ SING-ALONG
- 🚌 Bus Ride
- 🐾 Pet Visit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>New Year's Day 1</p> <p>9:30 ■ Movement Activity</p> <p>10:00 ■ Donuts and Coffee!</p> <p>10:30 1 on 1 time</p> <p>1:00 ■ Balloon Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Make dog Biscuits for the shelter</p>	<p>New Year's Day (Observed) 2</p> <p>9:30 ■ Chicken Soup for the Soul</p> <p>10:00 ■ Morning Snack</p> <p>10:00 Pet Visit 🐾</p> <p>11:00 1 on 1 time</p> <p>1:00 Nail Care / Facial Care</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Bingo!</p>	<p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride / drop biscuits at shelter 🚌</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Drumming and Music!</p> <p>3:30 ■ Karaoke / Happy Hour ♪</p>	<p>National Trivia Day! 4</p> <p>9:30 ■ Eric comes to visit!</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Read the newspaper</p> <p>1:00 ■ Trivia! Trivia! Trivia!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:00 ■ Piano w / Marilyn ♪</p>	<p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the Phrase!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ BINGO!</p>	<p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Famous Duos!</p> <p>12:00 ■ Classic Movie Friday!</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Brain Power Activity!</p>	<p>9:00 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the song lyrics</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Karaoke!</p> <p>3:30 ■ John Gilmour Sings ♪</p>
<p>8</p> <p>9:30 ■ Movement Activity</p> <p>10:00 ■ Donuts and Coffee!</p> <p>10:30 1 on 1 time</p> <p>1:00 ■ Balloon Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Make dog Biscuits for the shelter</p>	<p>9</p> <p>9:30 ■ Chicken Soup for the Soul</p> <p>10:00 ■ Morning Snack</p> <p>10:00 Pet Visit 🐾</p> <p>11:00 1 on 1 time</p> <p>1:00 Nail Care / Facial Care</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Bingo!</p>	<p>10</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride / drop biscuits at shelter 🚌</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Drumming and Music!</p> <p>3:30 ■ Karaoke / Happy Hour ♪</p>	<p>National Milk Day! 11</p> <p>9:30 ■ Eric comes to visit!</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Read the newspaper</p> <p>1:00 ■ Famous Duos!</p> <p>1:30 Resident Council</p> <p>2:00 ■ Afternoon Snack</p> <p>2:00 ■ Piano w / Marilyn ♪</p>	<p>National Marzipan Day! 12</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the Phrase!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ BINGO!</p>	<p>13</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Famous Duos!</p> <p>12:00 ■ Classic Movie Friday!</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Brain Power Activity!</p>	<p>14</p> <p>9:00 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Beach Ball Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Karaoke!</p> <p>3:30 ■ John Gilmour Sings ♪</p>
<p>National Strawberry Ice Cream Day! 15</p> <p>9:30 ■ Movement Activity</p> <p>10:00 ■ Donuts and Coffee!</p> <p>10:30 1 on 1 time</p> <p>1:00 ■ Balloon Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Make dog Biscuits for the shelter</p>	<p>Martin Luther King Jr. Day 16</p> <p>9:30 ■ Chicken Soup for the Soul</p> <p>10:00 ■ Morning Snack</p> <p>10:00 Pet Visit 🐾</p> <p>11:00 1 on 1 time</p> <p>1:00 Nail Care / Facial Care</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Bingo!</p>	<p>17</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride / drop biscuits at shelter 🚌</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Drumming and Music!</p> <p>3:30 ■ Karaoke / Happy Hour ♪</p>	<p>FAMILY COUNCIL 3:30 pm 18</p> <p>9:30 ■ Eric comes to visit!</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Read the newspaper</p> <p>1:00 ■ Finish the song lyrics</p> <p>2:00 ■ Afternoon Snack</p> <p>2:00 ■ Piano w / Marilyn ♪</p> <p>3:30 FAMILY COUNCIL</p>	<p>National Popcorn Day! 19</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the Phrase!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ BINGO!</p>	<p>20</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Famous Duos!</p> <p>12:00 ■ Classic Movie Friday!</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Brain Power Activity!</p>	<p>21</p> <p>9:00 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the Phrase!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Karaoke!</p> <p>3:30 ■ John Gilmour Sings ♪</p>
<p>22</p> <p>9:30 ■ Movement Activity</p> <p>10:00 ■ Donuts and Coffee!</p> <p>10:30 1 on 1 time</p> <p>1:00 ■ Balloon Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Make dog Biscuits for the shelter</p>	<p>National Pie Day! 23</p> <p>9:30 ■ Chicken Soup for the Soul</p> <p>10:00 ■ Morning Snack</p> <p>10:00 Pet Visit 🐾</p> <p>11:00 1 on 1 time</p> <p>1:00 Nail Care / Facial Care</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Bingo!</p>	<p>24</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride / drop biscuits at shelter 🚌</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Drumming and Music!</p> <p>3:30 ■ Karaoke / Happy Hour ♪</p>	<p>25</p> <p>9:30 ■ Eric comes to visit!</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Read the newspaper</p> <p>1:00 ■ Famous Duos!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:00 ■ Piano w / Marilyn ♪</p>	<p>26</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Finish the Phrase!</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ BINGO!</p>	<p>National Chocolate Cake Day! 27</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Morning Snack!</p> <p>10:30 ■ Famous Duos!</p> <p>12:00 ■ Classic Movie Friday!</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Brain Power Activity!</p>	<p>28</p> <p>9:00 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride 🚌</p> <p>1:00 ■ Beach Ball Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Karaoke!</p> <p>3:30 ■ John Gilmour Sings ♪</p>
<p>National Puzzle Day! 29</p> <p>9:30 ■ Movement Activity</p> <p>10:00 ■ Donuts and Coffee!</p> <p>10:30 1 on 1 time</p> <p>1:00 ■ Balloon Toss</p> <p>2:00 ■ Afternoon Snack</p> <p>2:30 ■ Make dog Biscuits for the shelter</p>	<p>30</p> <p>9:30 ■ Chicken Soup for the Soul</p> <p>10:00 ■ Morning Snack</p> <p>10:00 Pet Visit 🐾</p> <p>11:00 1 on 1 time</p> <p>1:00 Nail Care / Facial Care</p> <p>2:00 ■ Afternoon Snack</p> <p>3:00 ■ Bingo!</p>	<p>National Backwards Day! 31</p> <p>9:15 ■ Read the newspaper</p> <p>10:00 ■ Bus Ride / drop biscuits at shelter 🚌</p> <p>2:00 ■ Birthday Bash! There's Cake!</p> <p>2:30 ■ Birthday Games!</p> <p>3:30 ■ Karaoke / Happy Hour ♪</p>				

January Birthdays!



Mary W. 1/26, Marci 1/27, Barbara 1/28 Happy Birthday to you, Happy Birthday to you, Happy Birthday dear Mary, Marci and Barbara. Happy Birthday to you!

In life, you will realize there is a role for everyone you meet. Some will love you, some will teach you but the ones who are truly important are the ones who bring out the best in you. They are rare and amazing people who remind you why it's worth it. -Unknown

Beautiful young people are accidents of nature, but beautiful old people are works of art. -Eleanor Roosevelt

Growing old is mandatory but growing up is optional. -Walt Disney

Do not regret growing older, it is a privilege denied to many. -Unknown

As you get older, you really just want to be surrounded by good people. People that are good for you, good to you and good for your soul.

I hate it when I see some old person and then realize we went to high school together.

Meet Hannah-Our Facility Director



When we strive to become better than we are, everything around us becomes better too.-P. Coelho

Hannah was born and raised in Eastern Washington; her parents were organic orchard farmers. She moved to the Midwest in 2004, Iowa to be exact (side note she does not like corn....Whattttt??) and then back to this area in 2017. She has always loved this area and decided to make it her permanent home. She recently got married and purchased her first house. "I am the most excited for the upcoming summer to work in my garden."

"I started working in dementia care almost 15 years ago and I aim to be the best at person centered care. I love working with these residents every day and helping them maintain their independence." In her free time she loves camping and eating seafood and when she gets to combine them it is the best ever! She and her husband go to concerts as often as they can. Her favorite candy is an Almond Joy and she love love loves plants and tacos!