

# SEPTEMBER 2022

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

## Clatsop Care Health and Rehabilitation Center

### Monthly Activity Calendar

**If you have any questions, comments, or suggestions please contact our**

**Activity Director:**

**Jade Rainaud [rainaud@clatsopcare.org](mailto:rainaud@clatsopcare.org)**


**503-325-0313 ext. 1222**

<p style="text-align: right; margin: 0;"><b>1</b></p> <p>9:30- Morning Roundup 11:00- Crockpot Thursday- Chicken and Dumplings 1:30-Bus Trip 3:30-Afternoon Coffee 4:00- How It's Made 5:00- Dinner Trivia -Crockpot Chicken and Dumplings</p>	<p style="text-align: right; margin: 0;"><b>2</b></p> <p>9:30-Morning Visits 10:30- Bingo 2:00- What's the Scoop? Ice Cream Social 4:00- Afternoon Visits</p>	<p style="text-align: right; margin: 0;"><b>3</b></p> <p>10:00- Donut Cart 11:00- Short Stories 1:00- Art and Music 3:00- Afternoon Visits</p>
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<p style="text-align: right; margin: 0;"><b>4</b></p> <p>Independent Activities • Reading • Word Puzzles • Puzzles • Coloring Independent Activity Packets Available</p>	<p style="text-align: right; margin: 0;"><b>5</b></p> <p>10:00- Monday Morning Catch Up 10:30- Chair Exercise 10:45- Bingo 1:30- Funniest Videos 3:00-Book Club- The Nightingale- Kristin Hannah</p>	<p style="text-align: right; margin: 0;"><b>6</b></p> <p>11:00- Morning Visits 1:00- Afternoon Coffee 2:00- Short Stories 3:30- Craft Hour- Leaf Wind Chimes</p>	<p style="text-align: right; margin: 0;"><b>7</b></p> <p>9:00-Morning Visits 10:30- Paster Daniels Church Visit 1:30- Afternoon Mystery Bingo 3:30-Manicure's on the Go</p>	<p style="text-align: right; margin: 0;"><b>8</b></p> <p>9:30- Morning Roundup 1:30-Bus Trip 3:30- Afternoon Coffee 4:00- How It's Made</p>	<p style="text-align: right; margin: 0;"><b>9</b></p> <p>9:30- Morning Visits 10:30- Bingo 2:00- Penny Poker and Appetizers 4:00- Afternoon Visits 5:00- Dinner and a Movie- Grumpy Old Men</p>	<p style="text-align: right; margin: 0;"><b>10</b></p> <p>10:00- Donut Cart 11:00- Short Stories 1:00- Art and Music 3:00- Afternoon Visits</p>
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<p style="text-align: right; margin: 0;"><b>11</b></p> <p>Independent Activities • Reading • Word Puzzles • Puzzles • Coloring Independent Activity Packets Available</p>	<p style="text-align: right; margin: 0;"><b>12</b></p> <p>10:00- Monday Morning Catch Up 10:30- Chair Exercise 10:45- Bingo 1:30- Funniest Videos 3:00- Hymn Singing</p>	<p style="text-align: right; margin: 0;"><b>13</b></p> <p>11:00- Morning Visits 1:00- Afternoon Coffee 2:00- Resident Council Meeting 3:30- Craft Hour- Fall Wreaths</p>	<p style="text-align: right; margin: 0;"><b>14</b></p> <p>9:30- Morning Visits 10:30- Pastor Daniels Church Visit 1:30- Bingo 3:00- Card Making Club</p>	<p style="text-align: right; margin: 0;"><b>15</b></p> <p>9:30- Morning Roundup 11:00- Crockpot Thursday- Chicken and Sweet Potato Casserole 1:30- Bus Trip – Shopping Trip 4:00- How it's Made 5:00- Dinner Trivia- Chicken and Sweet Potato Casserole</p>	<p style="text-align: right; margin: 0;"><b>16</b></p> <p>9:30- Morning Visits 10:30- Bingo 2:00- Paint and Sip Party- Enjoy Mocktails and have a great time. 4:00- Afternoon Visits</p>	<p style="text-align: right; margin: 0;"><b>17</b></p> <p>10:00- Donut Cart 11:00- Short Stories 1:00- Art and Music 3:00- Afternoon Visits</p>
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<p style="text-align: right; margin: 0;"><b>18</b></p> <p>Independent Activities • Reading • Word Puzzles • Puzzles • Coloring Independent Activity Packets Available</p>	<p style="text-align: right; margin: 0;"><b>19</b></p> <p>10:00- Monday Morning Catch Up 10:30- Chair Exercise 10:45- Bingo 1:30- Funniest Videos 3:00-Afternoon Visits</p>	<p style="text-align: right; margin: 0;"><b>20</b></p> <p>Independent Activities • Reading • Word Puzzles • Puzzles • Coloring Independent Activity Packets Available</p>	<p style="text-align: right; margin: 0;"><b>21</b></p> <p>9:30- Morning Visits 10:30- Pastor Daniels Church Visit 1:30-Bingo 3:30- Manicures on the Go</p>	<p style="text-align: right; margin: 0;"><b>22</b></p> <p>9:30- Morning Roundup 1:30- Bus Trip 4:00- How its Made</p>	<p style="text-align: right; margin: 0;"><b>23</b></p> <p>9:30- Morning Visits 10:30- Bingo 2:00- Karaoke and Fruity Drinks! 4:00- Afternoon Visits 5:00- Dinner and a Movie- Disney's Up</p>	<p style="text-align: right; margin: 0;"><b>24</b></p> <p>10:00- Donut Cart 11:00- Short Stories 1:00- Art and Music 3:00- Afternoon Visits</p>
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<p style="text-align: right; margin: 0;"><b>25</b></p> <p>Independent Activities • Reading • Word Puzzles • Puzzles • Coloring Independent Activity Packets Available</p>	<p style="text-align: right; margin: 0;"><b>26</b></p> <p>10:00- Monday Morning Catch Up 10:30- Chair Exercise 10:45- Bingo 1:30- Funniest Videos 3:00- Book Club- The Nightingale- Kristin Hannah</p>	<p style="text-align: right; margin: 0;"><b>27</b></p> <p>11:00- Morning Visits 1:00- Afternoon Coffee 2:00- Family Council 3:30- Craft Hour- Mosaics Button Pumpkins</p>	<p style="text-align: right; margin: 0;"><b>28</b></p> <p>9:30- Morning Visits 10:30- Pastor Daniels Church Visits 1:30- Memorial Service 3:30- Afternoon Visits</p>	<p style="text-align: right; margin: 0;"><b>29</b></p> <p>9:30- Moring Roundup 11:00- Crockpot Thursday- Sweet and Sour Chicken 1:30- Independent Activity 4:00- How its Made 5:00- Dinner Trivia- Sweet and Sour Chicken and Rice</p>	<p style="text-align: right; margin: 0;"><b>30</b></p> <p>9:30- Morning Visits 10:30- Bingo 2:00- September Birthday Celebration - Cake and Ice cream 4:00- Afternoon Visits</p>	
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